

CELEBRATING THE WOMEN OF THE JUNIOR LEAGUE OF LANCASTER

Lena Hohenadel

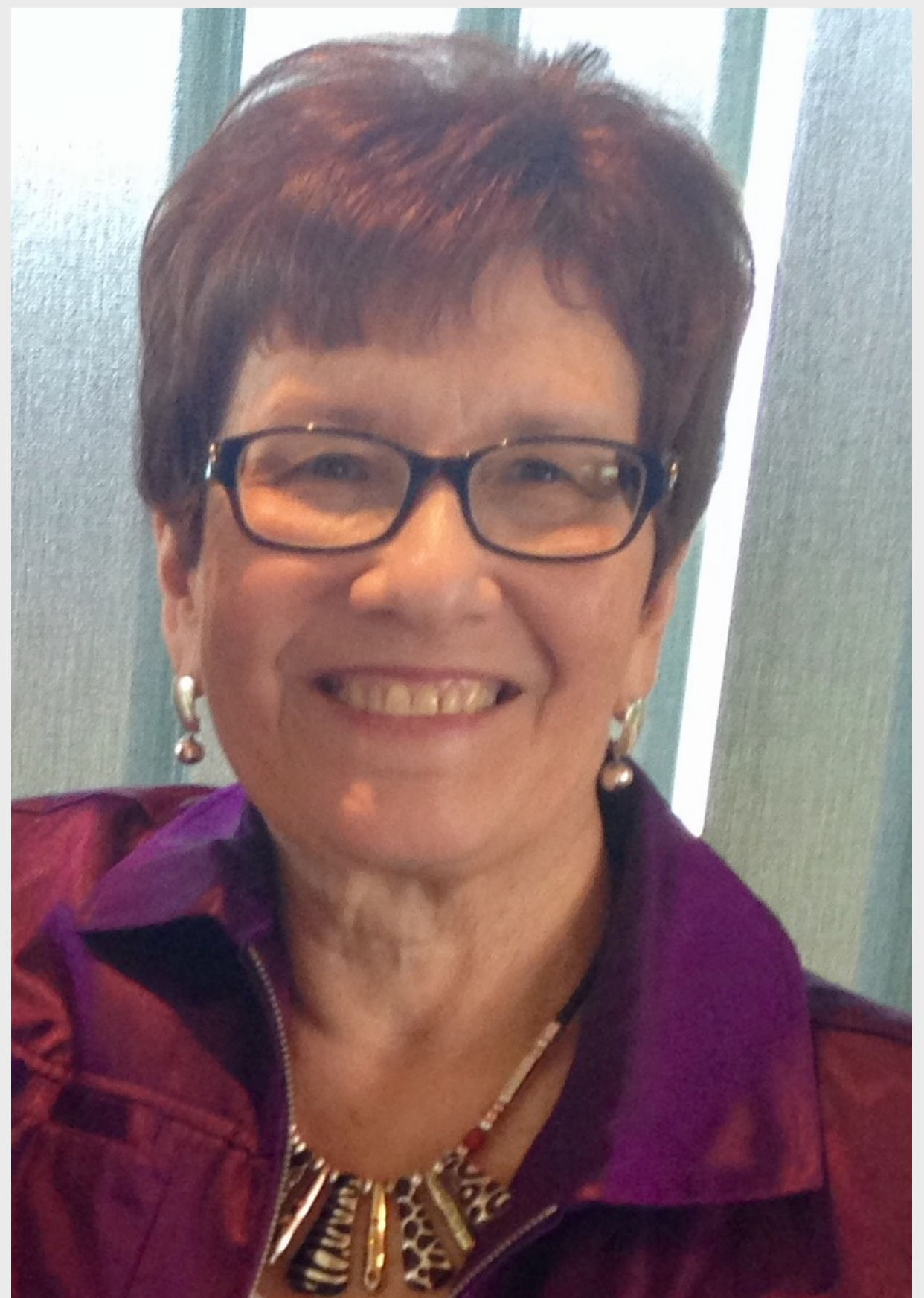
Junior League Member Since 1977, Sustainer Since 1988

How do you spend your days? Although I retired seven years ago, life has remained very busy, even through the pandemic. It's how I like it! I am currently particularly engaged with Off The Streets - Lancaster, where I volunteer & serve on the Board as the Grants & Communications Chair. I learned those skills, by the way, in the League.

Of what are you most proud? That's a tricky question to ask a woman my age! I am most proud of our children, all four of whom are the best human beings. It wasn't easy to balance life when they were growing up, but my husband supported me as I shared time in our community, trying to pursue my interest in helping to address some of the social issues at the time, as a volunteer. An organization I helped found in 1971, A Woman's Concern, is a pregnancy & parenting center that still thrives today. JLL projects we initiated, still stand. I'm proud I came out of a comfort zone to engage in substantive volunteer work while raising a family.

Who inspires you? That's an easy question. I have two answers. First, it is my faith. It guides and sustains my every day. Secondly, it is my daughter, Lisa. She's an incredible Mom, a valued employee and volunteer who motivates, inspires and influences in such a quiet, confident way. Her opinion matters to me.

If you could give your younger self, or a young woman today, any advice, what would it be? Don't put yourself in a box. You have diverse interests, talents & skills; don't think you can't incorporate them all into your life. Look at the options creatively with a "can-do" attitude, and respect for yourself. Then, to repeat a cliché, go for it. Listen to your heart. Your plans may need adjusting, but always, follow your dream.



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